

WHAT CAN I DO?

At last she was back at her desk. After the walk around the sales department floor she felt safe close to her administration colleagues.

She was tired of getting lecherous looks every time she passed someone from sales department. It was acceptable to certain extent, but most of them were like children dressed in suits, with no sense of respect. Why didn't they feel ridiculous when making those kind of comments?:-What are you doing tonight doll?-, Do you want to know my palace, princess?- and many other similar questions. Were they not aware that she was a person like them? She was constantly asking herself why they were acting like dull clowns forced, for some strange reason, to act like charmers to anyone passing by.

Sometimes she remembered what her friend, from the human resources department, told her: - You like chatting them up just to laugh at them when they slip up-. But that wasn't true. She just pretended to be cordial and kind to some men that were making efforts to work hard. The problem was how they were understanding her kindness.

While she was starting her computer and was trying to stop her recurrent thoughts, the worst representative of those dreadful men appeared at her desk.

-Hello darling! Someone told me you've been at the first floor...-.

-And?- She couldn't come up with anything shorter. She couldn't stand his pointed shoes, his goatee, his arrogant smile; In conclusion, she was allergic to him.

-I thought that as you didn't see me there... you would miss me and I came to say hi-.

She made the "mistake" to smile at him some months ago, when he started working there. From

then he was constantly "slipping up", but that didn't incite her with laughter but contempt.

-No, I didn't miss you. I was happy you weren't there. Thank you for saying hi and... if you don't mind I'll go back to work.

-Ok, girl, don't worry I'll go now...-He left, not looking offended and actually convinced that she was "crazy" for him.

-What can I do?-she thought a bit worried. At that moment, she remembered some of her friend from human Resources' words, "if you change your environment changes", and she determined she was going to take action:

- I will take the initiative and will invite him for breakfast. I will explain to him



naturally what my point of view is, without rejecting him. He needs to know that I am of as much worth as he is and that I can help him understand his mistake. So changing my attitude will also change his...-

show him how her and the majority of girls found him pathetic; and he meant it with his heart because he told her that the sales department was, slowly, "going to stop being what it was before"...

She was right. After a few days the strategy bore its fruits. He thanked her for her courage to

We all wish to build a victorious life passionately

Winning in life is, without a doubt, a common goal to all people. That is why self-help books are spreading more and more. But if we look at those people who seemed to have everything against them, and nevertheless, built a life full of achievements and value, then we will find out their secret, as there are some important coincidences in all those cases.

And it doesn't matter how different the person or the situation can be, and it doesn't matter if we are talking about a very popular person or a modest teacher, a music celebrity or any other person. Everyone, with no exception, had confidence and faith that they could go beyond their difficult circumstances and carry out their task, their mission. And this confidence brought them to endure till the end.

Confidence, a possible condition in all human beings, takes on a unique dimension with prayer. Conviction to win feeds the constancy of prayer. From which we get strength and wisdom to head towards the right direction to attain our dreams.

Before any challenge always start from the prayer! Practice and take sound and specific actions along with the prayer and practice till the power of the prayer is displayed.

Gosho

Many hear about and accept this sutra, but when great obstacles arise, just as they were told would happen, few remember it and bear it firmly in mind. To accept is easy, to continue is difficult. But Buddhahood lies in continuing faith. Those who uphold this sutra should be prepared to meet difficulties. It is certain, however that they will “quickly attain the unsurpassed Buddha way”.

The difficulty to sustaining faith

Getting open to the rhythm of the universe

Who doesn't have a project? Small, big, it doesn't matter. Imagine for a moment, for example, that you are a musician. The joy of writing songs, singing, playing an instrument, being part of a band pushes you... but what pushes you the most is the hope to be able to reach a purpose: the action, the act of carrying out the music that comes from inside.

Melody is about to spread, every drop of sound will fill up the senses of the listeners and it can produce very different feelings. The more heart the music puts into creating harmony more people will get close to listen to it.

Ah! But suddenly, in the music's heart there's insecurity, uncertainty. That conviction that made you make great efforts disappeared. The passion and joy that was transmitted has been changed into monotony and complaint. You are not aware that a negative function has been quietly installed into your life. This function is separating you from yourself, it is creating discord with your environment, in short, it is destroying your project.

Union and coherence, in our own life and environment is a reality that one has to build moment to moment, and it requires maximum alert to find out which are the gaps that that destructive functions use to get to our heart and brings us discord.

Prayer without action is like wet paper

Thinking that only by chanting everything will be solved and waiting seated is a mere illusion.

If we look back to those characters that overcame great obstacles, again, we see another important coincidence: persistence, the constant effort till a concrete outcome was obtained. How many broken scores, how many fails, how many terrible contracts, finally, how many lost battles but, in the end, the victory! Like life itself, we rehearse and make mistakes but we always take action.

They were all people tied to their dreams, who never gave up despite the many difficult circumstances they lived through.

The place where you are is the scenario to fulfil your own mission.

In any project or company, the key to develop is the determination of the responsible person. It is not a matter of demanding others to mobilize, but it is a matter of knowing how far you are determined to go to make an effort. With no complaints or regrets, in order to let happiness flow, precisely when we assume our own responsibility.

“Those not able to stand up and endure, don't have hope to win. The final victory is for those who endure”

Stabilizing our project

Who doesn't acknowledge a master like Mozart, Vivaldi, Chopin or John Lennon? Those are sources of different kinds of music that is being played today. There is always an Do, Ray, Mi.....that is linked to the past, the composer to the present, the musician to his project and, as for the future, that depends on the symphonies that are being played today...

To be able to do a project with different people, without losing the uniqueness of each member there has to be a solid common base. The function of the mentor is to show us the values needed to achieve this goal through his example.

When we take on and make the master's dream our dream, then we have a solid common base, the example of union that leads us to share the same heart than the master. And it makes us able to transmit and keep this dream alive.

Our hearts are changeable, the person we like very much today, maybe we won't like her/him tomorrow due to any petty reason. The union based on our feelings depends also on the mood swings of our hearts therefore our project will also swing at the rhythm of this swinging, dragged by circumstances and our own personal feelings.

For this reason our life project can be solidified when, going beyond all differences, we can get united around a goal so noble that it can embrace all humankind and also our own wishes.